

Darperir y monitor Carbon Deuocsid ( $\text{CO}_2$ ) hwn i helpu i hysbysu am ansawdd aer yn yr ystafell. Mae pobl yn anadlu carbon deuocsid ( $\text{CO}_2$ ) pan fyddant yn anadlu ac os oes crynhoad nodedig o  $\text{CO}_2$  yn yr ystafell gall nodi bod angen gwella'r awyru neu'r aer yn adfywiol.

Mae awyru da yn allweddol i leihau'r risg o coronafirws. Dylai'r monitor hwn helpu i nodi pryd i wella ansawdd aer.

Mae monitorau  $\text{CO}_2$  yn ddangosydd o statws awyru ac nid yn fesur o risg haint coronafirws.

Llai na 800ppm	800-1500ppm	800-1500ppm	Uwchlaw 1500ppm
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This Carbon dioxide (CO<sub>2</sub>) monitor is provided to help inform about air quality in the room. People exhale carbon dioxide (CO<sub>2</sub>) when they breathe and if there is a notable build-up of CO<sub>2</sub> in the room it can indicate that ventilation needs improving or the air refreshing.

Good ventilation is key to reducing the risk of coronavirus. This monitor should help identify when to improve air quality.

CO<sub>2</sub> monitors are an indicator of ventilation status and not a measure of coronavirus infection risk.

Less than 800ppm	800-1500ppm	800-1500ppm	Over 1500ppm
No action required as this is an adequate level of ventilation Continue monitoring Maintain background ventilation. For example, open windows and doors, which should where possible always be open / opened frequently	Purge the room before and after each session by opening all windows and doors fully for up to 10 minutes  Increase ventilation by opening windows and doors (fire doors)		